Child Death Prevention Newsletter

This newsletter is designed to raise awareness of the work of the Stoke-on-Trent and Staffordshire Child Death Overview Panel (CDOP) and to bring news on our ongoing campaigns
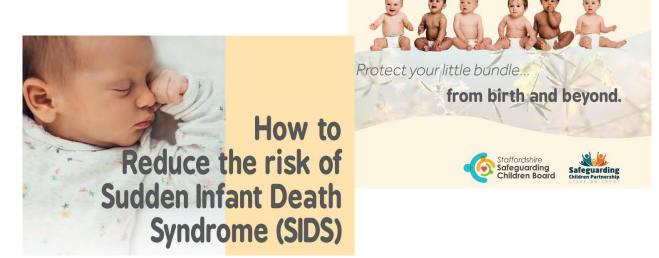
'Protect your little bundle' the CDOP booklet, designed to be given to all new parents and carers across Staffordshire and Stoke-on-Trent has been updated. The booklet is designed to raise awareness of potential hazards and brings together advice from local and national campaigns.

How to Reduce the risk of Sudden Infant Death Syndrome (SIDS)

Protect your little bundle...
from birth and beyond.

Staffordshire Safeguarding Children Board

Safeguarding Children Partnership STOKE-ON-TRENT

Accidents in and around the home are a leading preventable cause of death and emergency hospital admissions, particularly for those under five years.

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I — Infant crying is normal and it will stop! Babies start to cry more frequently from around 2 weeks of age. After about 8 weeks of age babies start to cry less.

C — Comfort methods can sometimes soothe the baby and the crying will stop. Is the baby hungry, tired or in need of a nappy change?

O — It's ok to walk away if you have checked the baby is safe and the crying is getting to you. After a few minutes when you are feeling calm, go back and check on the baby.

N — Never, ever shake or hurt a baby. It can cause lasting brain damage or death.

Babies C
You Ca
Cope

Speak to someone if you need support such as your family, friends, M

BABY PRODUCTS

Over 1 in 3 parents have bought a baby sleep product they've seen on social media that goes against safer sleep advice, a survey by The Lullaby Trust finds.

Some popular baby sleeping products, including baby sleep pods and nests promoted on social media do not conform to safer sleep advice and could potentially put babies at risk.

Sleeping a baby on a soft surface can increase the risk of SIDS as they make it harder for babies to lose body heat and maintain a safe temperature.

All your baby needs is to be placed on their back in a clear space such as a cot, moses basket with firmly tucked-in sheets and blankets or a baby sleeping bag.

ANYTHING CAN BLOCK YOUR CHILD'S AIRWAY!

Rounded foods, and anything difficult to chew or swallow. 'Babies can even choke on milk.'

WHAT CAN WE DO?

✔ Give your children foods in small amounts
✔ Cut grapes and cherries etc. into quarters
✔ Give cooked or soft fruit and vegetables, avoid hard foods such raw carrot
✔ Increase texture of foods gradually
✔ Cook until soft rather than raw pieces
✔ Teach older children not to give small toys to younger children
✘ Do not prop up or leave babies alone with a bottle

St John Ambulance

Printed copies of the booklet are available from Health Visitors, or by contacting The Child Death Overview Panel directly: Faith.lindley-cooke@staffordshire.police.uk

Blind cords and chains can kill children

Window or door blind cords and chains can pose a real risk for babies and children. Young children have already tragically died in Staffordshire as a result of blind cord strangulation and many more children have died or been seriously injured across the UK.

Move beds, cots, highchairs and playpens away from window covering cords and chains.

Make sure all cords and chains are always secured out of reach of babies and young children. Do not tie cords or chains together. Make sure cords or chains do not twist and create a loop.

Move furniture away from window covering cords and chains as children love to climb.

Messages from Staffordshire parents who have tragically lost their children.

"You never think it will happen to you."
(Parents of Lillian)

"Ban corded blinds"
(Parents of Harrison)

Make it safe
For further information go to www.makeitsafe.org.uk

make it safe

PLEASE ACT NOW to help to keep your children safe and prevent any further tragedies.

Be one step ahead

Button batteries power everyday objects like car key fobs, remote controls and children's toys.

Batteries react with saliva and if a child swallows a button battery it can burn holes and cause internal bleeding and even death

They can be fatal if swallowed.

LITHIUM BATTERY CR2032 3V HL

Take **action** today, **put** them **away**

A child's skin is far more sensitive than an adults

✔ Switch off appliances after use

✔ Keep hot drinks out of a childs reach

✔ Use a cordless kettle

✔ Use the back rings of your cooker and keep handles away from the edge

✔ If possible keep children out of the kitchen when cooking

...ks with your child on your lap or

...od burns and scalds happen at home. Most are caused in the day-
...hat many parents don't anticipate, like children reaching a hot
...air straighteners'

...e contact Staffordshire Fire and Rescue Service on 0800 0241 999

Car seat Safety

Take me out of the car seat when the journey is over... even if I'm sleeping

Baby car seats are designed to keep your baby safe and secure for the car journey ONLY and should not be used as an alternative place for babies to sleep/nap.

A baby is in a restricted position, for example when sitting in a car seat or infant rocker. Newborns and young infants don't have the neck strength to lift their heads and breathe.

ROSPA advise that in the first few months of life journeys should be kept short, ideally no longer that 30 minutes, and to take your baby out of the car seat for a stretch regularly.

Don't let your baby get too hot in the car