



Family Star Plus™

An Outcomes Star for parents

Parent

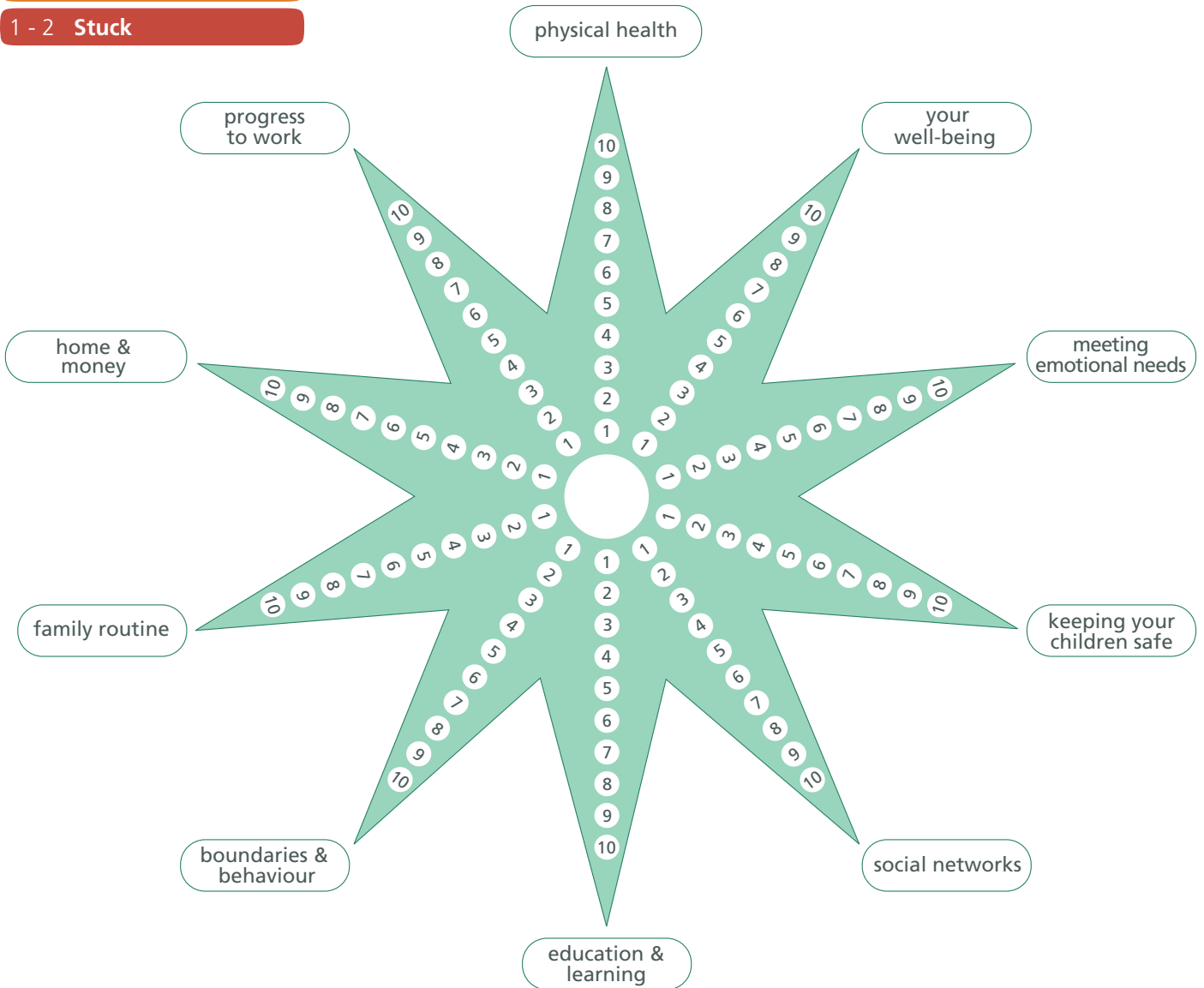
First Review Retrospective

Date of completion

Completed by Professional and parent
 Professional
 Parent

Number of children

- 9 - 10 **Effective parenting**
- 7 - 8 **Finding what works**
- 5 - 6 **Trying**
- 3 - 4 **Accepting help**
- 1 - 2 **Stuck**



Parent: I was involved in completing this Star Chart

Star Notes

1 Physical health

2 Your well-being

3 Meeting emotional needs

4 Keeping your child safe

5 Social networks

Star Notes

6 Education and learning

7 Boundaries and behaviour

8 Family routine

9 Home and money

10 Progress to work

Action Plan

Priority area and stage/step	Next goal	SMART actions	By who?	By when? (date)

Signatures:

Parent

Date DD/MM/YY

Staff

Date

DD/MM/YY