



PSHE Education
STOKE-ON-TRENT & STAFFORDSHIRE

DIGEST
April 2023
Staffordshire

COVERED IN THIS MONTH'S NEWSLETTER:

What's out there: Social Media, TV & News

LADO Reminder

Launch of the local PSHE Education Service website

RSHE Review Round Up

RSHE Review Practical Advice

Update from National Partners:

- Child Safety Week
- Eating Disorders
- Department of Health and Social Care Resources
- Enough - Domestic Abuse
- Forced Marriage Update from the Home Office
- Voice of Young People in teaching RSE (Birmingham Uni)
- NSPCC

Update from Local Partners:

- Staffordshire and Stoke Wellbeing Service Leaflets
- Staffordshire Education Psychology - Self Harm
- Domestic Abuse Alert and New Campaign
- Changes to PREVENT Education contact
- SCVYS Summer War Grave Camp
- Local Newsletters

Resources to support key dates/themes:

- International Day of Families
- International Day of Boys
- International Day against Homophobia and Transphobia
- World Day for Cultural Diversity, Dialogue and Development Day
- World Menstruation Hygiene Day
- World No Tobacco Day
- Ditch the Blade

Training Opportunities

Upcoming Dates

The Coronation

MEETING RECORDINGS:

For those who were unable to attend these meetings, please find links to the recordings for viewing at your convenience.

PSHE Leads Network: Policy Creation, Engagement and Review

UPCOMING LOCAL PSHE WEBINARS:

Remember to book your space on these upcoming webinars:

- 19th April 2023 - Bitesize Practice Development Sexual Health
- 16th May 2023 - PSHE Leads Meeting - Focus on Using External Providers

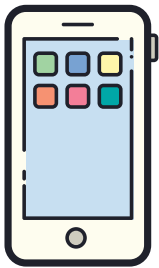
NEXT YEAR:

We are planning what to focus on next year in the Bitesize Practice Development session and PSHE Leads meetings and would love to hear your thoughts on how we can improve and what we should include.

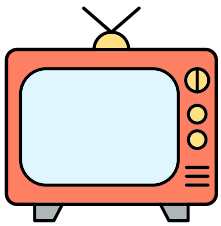
WHAT'S OUT THERE...

Whilst it is important to ensure PSHE is part of a planned curriculum, it can also be used to address needs in a local context and form part of conversations we have with children and young people about their experiences and what's happening in the world around them.

We have collated some examples of topics that are being covered in TV and media that young people may want to discuss.



Montana Brown (Love Island) has been talking about her pregnancy after using an app "Natural Cycles". An app that utilises the natural fertility awareness method. The BBC wrote an article stating there is a rise in the number of people using contraception apps. It is important to remind young people that condoms are the only method of contraception that prevents pregnancy and provides protection against both pregnancy and sexually transmitted infections and be accessed for free via C-card.



Channel 4 have created Naked Education a programme about body positivity, normalise all body types and challenge stereotypes. There has been mixed reviews in the media - The Mail, The Guardian, The Telegraph. All episodes are available to stream on All4.



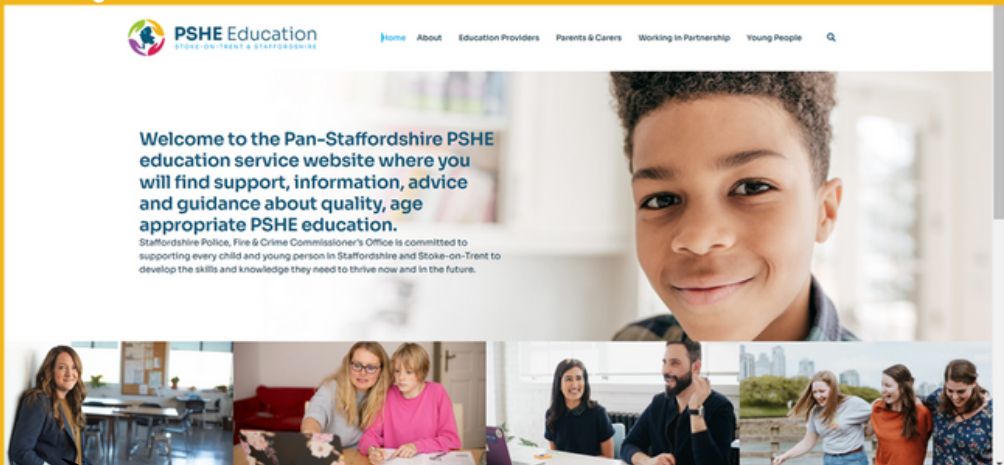
BBC News reported that Doctors were warning that embarrassment about naming parts of the female anatomy is putting women's health in jeopardy. It is important that children and young people can name the part of their genitals. See our new Puberty & PSHE pack to help support your staff to feel more confident in naming these body parts.

LADO REMINDER

If your organisation is intending to use REAL services, as an external provider, the advice remains the same as the advice given in November 2021 which is to contact the Stoke on Trent LADO for advice.

PSHE EDUCATION WEBSITE LAUNCH

After months of planning and designing we are delighted to announce the official launch of our own local website for all things PSHE. It will now be easier for you to access previous editions of the PSHE digest, recordings and resources. This site replaces the previously used Central Resource Library that a limited number of colleagues has access to previously.



WWW.PSHESTAFFS.COM

There are four main sections to the website to provide information to:

- Education Providers
- Parents and Carers
- Partners
- Young People



To access the resource library you will need to sign-up. Please find a guide to give you an overview of what can be found on the website.

We hope you find the website a useful addition to our offer on how we support you to develop and deliver quality, age-appropriate PSHE education. We'd love to hear your feedback.

RSHE REVIEW ROUND-UP

We are aware that there has been conversations happening in Westminster and the media about 'damaging' Relationships and Sex Education being widespread in schools.

Rishi Sunak's response to the concern raised by Miriam Cates MP was to state that the Government would bring forward a review of the 2020 RSHE guidance. This is nothing new as the review has already commenced in late 2022. The review is expected to conclude before the end of 2023.

We wanted to share with you a round up on articles, blogs and other useful information to help support you to understand the debate that is currently taking place:

- The [Report](#) from the New Social Covenant - What is being taught in Relationships and Sex Education in our schools

NEWS ARTICLES:

- [The Guardian article](#) giving the response from teaching unions including ASCL and NAHT - Sex Education Review is Politically Motivated and another [article](#) - Sex education overhaul in England based on 'overblown' claims, say teachers.
- [The Metro article](#) shares the fears of LGBTQ+ campaigners that the 'mistakes of Section 28 could be repeated.
- Geoff Barton, General Secretary of Association of School and College Leaders appeared on [Sky News](#) to discuss RSHE Review.
- Inews shared an [opinion piece](#) by their Chief Political Commentator on Rishi Sunak's sex education rhetoric being another US culture war import we can do without

ACADEMIC BLOGS:

- Dr Emily Setty, University of Surrey has written a [blog](#) - The Trials and Tribulations of RSE
- Dr Sophie King-Hill et al wrote in [the Conversation](#) how controversial proposals risk failing young people

EXPERT RESPONSES:

- The PSHE Association's wrote a [statement](#) about concerns raised about RSHE materials
- The Sex Education Forum has published a [statement](#) welcoming the RSHE Review
- In Brook's [blog](#) they ask why we are still defending RSE
- The Department for Education's Education Hub has published a [blog](#) exploring what is RSHE and why the review is taking place to protect children

RSHE REVIEW PRACTICAL ADVICE

You may receive a number of concerns raised by parents and carers, this can provide an opportunity for constructive dialogue and you may wish to consider holding a PSHE evening for parents and carers if this has not been done in a while. It is important that you are open about the resources you use within your curriculum delivery but to avoid social media misrepresentation this is best done at a face to face meeting. This is supported by the letter you should have received at the end of term from the Secretary of State for Education Gillian Keegan MP which clarifies school's responsibilities to engage with parents and carers when it come to sharing curriculum materials.

Review your RSE/PSHE policy, we have created guidance and a checklist to support you in ensuring that considerations and statutory requirements are met.

Attend the next PSHE Leads Network Meeting - we will be exploring External Providers and the checks and balances organisations should make before booking.

Quality assure resources using the local quality assurance framework checklist

Check in with your children and young people to learn about their experiences of your RSE/PSHE provision, what they find most useful and what they would like to learn about. Our Best Practice Guide on Pupil Voice will help give you practice examples on how to engage with children and young people across all education phases and settings.

CONTACT THE PAN-STAFFORDSHIRE PSHE EDUCATION SERVICE FOR
ADDITIONAL SUPPORT OUR DETAILS CAN BE FOUND AT THE END OF THIS
DIGEST OR VIA THE WEBSITE.



UPDATE FROM NATIONAL PARTNERS

SAVE THE DATE: CHILD SAFETY WEEK

The Child Accident Prevention Trust have announced that Child Safety Week will take place Monday 5th to Sunday 11th June 2023. The theme will be Safety Made Simple and is about sharing practical, simple things that can be done to keep children safe. You will find resources to support this week on their website [here](#).

EATING DISORDERS

Spurgeons has launched new [video animations](#) to support a growing number of children with eating disorders and to tackle harmful myths surrounding them. The purpose of the resource is to educate parents, carers and professionals on how to support children and young people facing the conditions.

There is concerns around the unknown number of eating disorders amongst boys - research suggests 25% of people with an eating disorder in the UK are males (NICE 2017).

BBC Teach has videos they have rated as suitable for KS2 and KS4 including [Anorexia - Kirsty's story](#)

Oxford Health has created [guidelines](#) for school staff on disordered eating that includes how increasing media literacy and internet safety knowledge via PSHE can help to keep children and young people safe.

National Centre for Eating Disorders provides [guidance](#) on how schools can tackle disordered eating and other mental health issues.

It is important to remember that when delivering PSHE sessions on eating-disorders that a safe learning space is created and instructions are not inadvertently given.

DEPARTMENT OF HEALTH & SOCIAL CARE RESOURCE UPDATE

The [Campaign Resource Centre](#) has had a makeover . This website has campaigns and resources that cover a range of health topics including healthy eating and quitting smoking. If you already have a login these will not change

ENOUGH.

DOMESTIC ABUSE

As part of the government's campaign to stop abuse Enough has put together a collection of guidance and resources to support education colleagues respond and teach about all form of abuse.

The Home Office has created a postcode checker which allows victims of domestic abuse to find their nearest pharmacy or jobcentre that is participating in the Ask for ANI campaign. Ask for ANI (Action Needed Immediately) is a codeword scheme that provides victims a safe, discreet and confidential way for victims to access a safe space to take some time to reflect, access information on specialist support or call friends and family. There are participating pharmacies across Staffordshire and Stoke-on-Trent.

To access a person just needs to enter their postcode, approach a member of staff and Ask for ANI "Please can I speak to ANI" or ask to use a Safe Space "Do you have a Safe Space available?". They will be taken to a private space where a trained member of staff will support them and enable them to decide what to do next.

Please ensure that this information is included in any domestic abuse PSHE delivery as part of your signposting alongside New Era, the commissioned pan-Staffordshire service for domestic abuse.



Home Office

FORCED MARRIAGE

Last month we made you aware that the legal age of marriage was changing so that nobody under the age 18 could legally marry. Following these changes the Home Office has published a new resources pack designed for frontline professionals on forced marriage.

This includes a section on useful documents and courses for teachers that provides details of resources and training that can be used to support your PSHE curriculum.

VOICE OF YOUNG PEOPLE IN TEACHING RSE

The University of Birmingham has created a guide for delivering relationships and sex education for teachers by students which gives an useful insight and tips on how we can all be more effective in teaching RSE.

NSPCC Learning has published guidance for professionals supporting young people to report nudes shared online using the Report Remove tool. Professionals can support young people to use the tool, which can help them to take down nude or sexual images and videos. The young person can choose to access emotional support from Childline, and the Internet Watch Foundation (IWF) can try to remove the image or video. The guidance includes information on how professionals can talk to young people about the tool, before they need to use it. It is vital that when delivering sessions around sharing photographs/nudes that this tool is included in the signposting section and that staff feel confident to advise children and young people what can be reported to the tool and how to access the tool.

SUPPORT FOR PARENTS/CARERS - ONLINE SAFETY

NSPCC



Vodafone in partnership with the NSPCC have created a parenting tool to provide online safety advice for specific apps/games/devices. The tool is easy to use and enables parents and carers to find out more about the apps their child/young person might be using and provides a step-by-step guide around parental controls. Whilst it has primarily been designed for parents/carers it can also support professionals who may hear children and young people talking about different apps to enable them to find out more including identifying potential risks.

FREE TRAINING - SUPPORTING CHILDREN

NSPCC



Listen up, Speak up is a FREE 10 minute NSPCC digital training course that aims to empower adults to know what to do if a child needs help and where to go if they need support. The NSPCC are encouraging every adult in the UK including parents, carers, business owners, professionals etc... to undertake the training.

Please encourage your staff and governors to complete the training and to advertise this opportunity to parents/carers.

UPDATE FROM LOCAL PARTNERS



Staffordshire and Stoke-on-Trent
Wellbeing Service

LEAFLETS FOR MENTAL HEALTH SUPPORT

Staffordshire and Stoke-on-Trent Wellbeing Service (IAPT) has asked us to share their generic leaflet and posters for young people and adults aged 16 and over with a self-referral options to enable people to access support.

The Wellbeing Service offers help for any emotional problem including anxiety and low mood pan-Staffordshire. Appointments are available in a variety of ways including telephone, video and face to face making the service assessible.

You can download their [leaflet](#) here and the poster [here](#).

SELF-HARM



CAMHS have asked us to make professionals who work with children and young people aware of a new means for self-harm that they have been made aware of from national colleagues. There have been recent reports of sharp pop-up blades being disguised as a non-obvious harmful objects - ordinary pens. These were ordered from SHEIN, cost 75p and are branded as paper cutting utility knife or simple press knife.

Staffordshire Educational Psychology Service have worked in partnership with Midlands Partnership University NHS Foundation Trust to create four parental workshops that will run across the county. These informal workshops will create a safe space for parents and carers to discuss self-harm including a presentation that focuses on understanding why children and young people self-harm and how adults can support them. A [leaflet](#) has been created for settings to share with parents and carers which contains details of the dates, venues and how to book.

Kettlebrook Short Stay School has shared with us an [easier read resource](#) they have put together, based upon guidance produced for Staffordshire Educational Psychology Service by Dr Vanessa Willis and a team of professionals. They have used this booklet with parents, carers, pupils and staff. Thank you to Sophie for sharing this with us.

It is important to remember that when delivering PSHE sessions on self-harm that a safe learning space is created and instructions are not inadvertently given. As part of the Samaritans DEAL package there is a session on [self-harm](#). For KS2 the City of Wolverhampton has created a [PSHE Association Quality Assured resource](#) on well-being which can build a strong foundation for future learning.

DOMESTIC ABUSE

The Police, Fire and Crime Commissioner's Office would like to highlight that on 23rd April 2023 at 3pm the UK government is testing an emergency alert service that will cause mobile phones to sound an alarm. Some victims of domestic abuse may have a mobile phone that is concealed from an abuser. If this phone is turned on the alarm will sound.

The alert will say:

"This is a test of Emergency Alerts, a new UK government service that will warn you if there is a life-threatening emergency nearby. In an actual emergency, follow the instructions in the alert to keep yourself and others safe. Visit gov.uk/alerts for more information. This is a test. You do not need to take any action."

Mobile phones or tablets do not have to be connected to mobile data or Wi-Fi to get alerts.

Refuge have published a video guide to managing emergency alerts. We would be grateful if you could share this with your school community to make them aware, this could also support anyone who is neurodiverse

Staffordshire Police has launched a new campaign "Don't Choose to Abuse" to encourage people to recognise if they are displaying unhealthy or abusive behaviour within a relationship.

In a two-minute video - aimed at perpetrators, to share the potential reaction of friends, family and work colleagues when finding out that someone they know is responsible for domestic abuse. It emphasises that this behaviour will be, and quite rightly should be, called out by others, and is not acceptable. Whilst the video shows the perpetrator as a man in a relationship with a women, it is important to remember that perpetrators can be any gender and of any sexual orientation.

CHANGES TO PREVENT EDUCATION CONTACT

Many of you will have met Sarah Dyer, Stoke's Prevent Education Officer who hosted our first Bitesize Practice Development session in December 2022. Due to change in funding from the Home Office there have been some local and national changes. Sarah role's will have a more broader Community Safety approach for the city.

For Staffordshire we have a new named contact as the Department for Education's existing Higher Education/Further Education Prevent Coordinators will become holistic DfE Prevent Coordinators. Sheriyar Alamgir is the West Midlands Regional Coordinator. His role covers education and childcare provision in the region, including schools, FE and HE settings. If you have any questions, you can email.

HARMFUL SEXUAL BEHAVIOURS STRATEGY LAUNCHED

It was great to see so many of you at the Strategy launch last month. To support this launch we are delighted to publish the Sexualised Behaviours & PSHE pack that links the topic to the curriculum and provides subject knowledge including the county's process to increase confidence and competence in facilitating sessions on this topic.



STAFFORDSHIRE COUNCIL OF VOLUNTARY YOUTH SERVICES

SUMMER WAR GRAVES CAMP 2023

SCVYS is working in partnership with Volksbund Deutsche Kriegsgräberfürsorge e. V. (German War Graves Commission) and Staffordshire County Council to deliver a summer camp for young people, where they will find out about each other's cultures, learn about reconciliation and remembrance and take part in fun activities.

The camp is open to 16-18 years old who have an interest in history, want to make new friends and/or experience new things and have a great time.

To apply the young person must either live, go to school or attend a youth organisation within Staffordshire. The project is free and all accommodation, meals and activities are included. The programme runs from 30th July to 13th August 2023 and consists of:

- Working at the German Military Cemetery on Cannock Chase and learning about the history of the site and tidying the area around the graves.
- Trips and visits to places of historical interest.
- Leisure Activities; city visits, sports, team building games, canoeing, free time, and more.
- Spending time with veterans from local branches of the Staffordshire Regiment Association and Royal British Legion.
- Attending a remembrance ceremony at the cemetery alongside the Chairman of Staffordshire County Council and other dignitaries.
- Planning and hosting a cultural event for friends of the project.
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We would appreciate your support in advertising this opportunity to your young people. You can find a video of last year's camp [here](#), a poster [here](#) and the application form [here](#).

If you have any questions please contact Claire at SCVYS via email [here](#).

LOCAL NEWSLETTERS

Staffordshire Children's Safeguarding Board, latest [newsletter](#) explores findings from local reviews.

Catch22 published their monthly [Research and Development Round-up](#) with resources that can support your PSHE curriculum.

The Violence Reduction Alliance has created their first [newsletter](#) to showcase the work and achievement the partnership has achieved. We're delighted that our Comic Book resources has been highlighted and want to thank our Primary Schools for their incredible response - we'd really appreciate your [feedback](#) on how your staff and students found the resources.

RESOURCES

INTERNATIONAL DAY OF FAMILIES – 15 MAY

Families play a major role in the DfE's statutory guidance learning outcomes. Here are some resources that we hope you will find useful.

DfE Training presentation

BBC Teach - KS1 - Our Family - six short videos where children are introduced to a wide range of family structures, each displaying the same love and care for each other.

PSHE Association - KS1-2 - Families lesson packs (members only) - five lesson plans and accompanying resources

British Council - KS1-2 - My Family

Schools Out - All Relationships - All Equal?

INTERNATIONAL DAY OF BOYS – 16 MAY

With terms like 'toxic masculinity' and misogyny hitting the headlines on a regular basis, it is important to recognise the impact that gender stereotypes and gender bias can have on children and young people. We've also heard the message from teachers attending The National Education Union's annual conference that misogynistic and sexist comments, unhealthy gender expectations and sexual harassment are commonplace in both primary and secondary settings. We have pulled together resources to support all education phases to respond.

FOR CHILDREN AND YOUNG PEOPLE:

Bold Voices - Schools Toolkit on 'how to talk to young people about Andrew Tate

Bold Voices - Parents Toolkit on 'how to talk to young people about Andrew Tate

Bold Voices - Teens Toolkit on 'how to talk to your friends, siblings and peers about Andrew Tate

Votes for Schools - Safer Internet Day 2023 "should we blame influencers for online harm?"

Durham University has created a toolkit on engaging Men and Boys about Masculine Gender Norms.

Educate Against Hate - has a range of lesson plans on topics such as fake news, conspiracy theories, staying safe online and challenging prejudice

Project Evolve has a range of activities for all key stages.

FOR PROFESSIONALS:

Risk Avert created a fact sheet

Here are a selection of news articles about Andrew Tate and his impact on children and young people and schools

The Independent Opinion: Why Andrew Tate's Hustler's University appeals to men like me

The Guardian - 'We see misogyny every day': How Andrew Tate's twisted ideology infiltrated British schools

Novara Media - Should Schools Tackle Andrew Tate Head on?

BBC - Andrew Tate: How schools are tackling his influence

Schools Week - How to positively engage young men in the fight against misogyny

Financial Times - Boys and the search for a non-toxic masculinity

Television Programmes and Documentaries

BBC Three - The Dangerous Rise of Andrew Tate

Channel 4 - The Secret World of Incels: UNTOLD (not specifically about Andrew Tate)

ITV - The Walk-in (not specifically about Andrew Tate but shows grooming and radicalisation)

Information about key topics linked to Andrew Tate

Internet Matters.org - What is the manosphere and why is it a concern?

Connect Futures - Information about the online space in 2023

Information FROM Andrew's Tate's Websites - key things to look out for and understand:

Main website with wide range of information/videos/products

Tales of Wudan

41 Tenets

Top G's merchandise

Andrew Tate's 'supplements' - concerns about ingredients and claims

Recognising the importance of creating gender equality we have also sourced the following resources:

British Council - Aimed at 9-13 years old this six lesson toolkit explores gender inequality

Equality and Human Rights Commission - Lesson 5 - prejudice and stereotypes lesson plan for secondary schools

Outside the Box is a resource for Early Years to Key Stage 5 that looks how how gender equality can be promoted and suggestions on how to tackle sexism and sexual harassment

INTERNATIONAL DAY AGAINST HOMOPHOBIA AND TRANSPHOBIA 17 MAY

Project Evolve has an activity for Key Stage 1 on online bullying, Key Stage 2 on 'banter', Key Stage 3 that explores different bullying types, Key Stage 4 that enables young people to differentiate between ethical and legal issues.

Our Bitesize Session in January contained information and resources on how PSHE education can tackle homophobic and transphobic bullying.

Schools are still able to take advantage of DfE funded training which empowers schools to take a stand against all forms of bullying. Diversity Role Models will work with schools and supply training interventions and resources to ensure staff have the knowledge and skills to tackle and prevent bullying to create inclusive school cultures. You can read their Year One Impact Report [here](#) and their Best Practice Report [here](#).

WORLD DAY FOR CULTURAL, DIVERSITY, DIALOGUE & DEVELOPMENT 21 MAY

This day is a chance to celebrate the cultural diversity of the people around us. To learn that we have more in common rather than what separates us. With protests taking place in the county and the increasing division and conflict in the world we should support our children and young people to recognise the benefits diversity can bring.

Mentally Healthy Schools has an assembly and lesson plans for primary schools that explore The same by different that was written as part of Mental Health Day 2020.

Sesame Street has a video: "We're Different, We're the Same" as part of their Read Along Series

BBC Teach - School Radio has an assembly on diversity.

You could ask parents to deliver workshops on a particular culture - a cooking class, singing songs or dancing. Perhaps you could create a noticeboard that shows the different languages spoken or cultures celebrated within the school community.

The Equality and Human Rights Commission's lesson 4 for secondary schools explores where diversity comes from and the benefits it brings to our lives.



The Washington post recently published an [article](#) in view of potential [new legislation](#) in Florida. This is a timely reminder why teaching about menstruation is so important and how the Samaritans was started.

To support Menstruation Hygiene Day we have developed [Puberty & PSHE](#) the latest in our localised series of professional guides to support linking the topic to curriculum and statutory guidance and also information to upskill staff delivering PSHE with information including signposting.

To support this we've also created a [Puberty Education Pack](#) that includes 14 activities for Key Stages 2 and Key Stage 3 including children and young people with SEND.

WORLD NO TOBACCO DAY – 31ST MAY

Following last month's update from [Smoke-free Sheffield](#) publishing PSHE resources around vaping. Doncaster's Healthy Schools has released a [vaping toolkit](#) for secondary school's that includes posters, a video, lesson plan and notes, a set of slides designed for teachers that provides additional information to support educators in answering questions and signposting students to additional support, and a leaflet for parents and carers.

Daniel Spargo-Mabbs Foundation have resources round smoking and vaping in their Year 7 Form Time [Resource Pack](#) and Lesson [Resource Pack](#).

Public Health England, [Rise Above for schools](#) has PSHE Association quality assured resources for 11-16 years old.

You can find NICE Smoking Prevention in Schools [guidance](#) here.

Staffordshire County Council have recently commissioned a new provider for Stop Smoking in Pregnancy and part of their work will include developing local resources for all education phases, we will keep you updated when these are available.

DITCH THE BLADE



We are pleased to continue to support Ditch the Blade and have been working with Staffordshire Police to create two new resources for Safe and Sound that will be premiered 17th and 24th May 2023.

Virtual Safe and Sound is a initiative by Staffordshire Fire and Rescue Service aimed at 9-11 years old that has a weekly broadcast via Learn Live that education settings can watch live every Wednesday during term time at 10am or view the recording.

Staffordshire Police have also asked us to share with you a letter aimed at parents and carers that they would be grateful if you could share via your usual communication methods no earlier than week commencing 15th May.

As previously shared the Knife Crime & PSHE packs includes signposting information, resources and the latest available statistics for each district and borough.

The Ben Kinsella Trust has lesson plans for primary and secondary phases of education

For our secondary colleagues the British Red Cross have two lesson plans around knife crime. The first is about living peacefully and avoiding conflict for 11-16 years old and the second is around defusing tension and using first aid for someone with a heavy bleed.

Secondary schools can purchase from CRESST a series of six key stage 3, PSHE Association quality assured lessons for £15 that support young people to manage conflicts in relationships both in school and a home.

Colleagues at Lancaster Violence Reduction Network has produced "The Choice" a Knife Free FE Project, suitable for 16+. The film follows the story of Harry, a student who is experiencing a situation where he first receives threats online, followed by a physical assault. At this point, Harry makes the choice to carry a knife which he takes from his family home.

The facilitator on the film will introduce each section and task students with things to look out for. Please invite your students to take notes if they wish to. At the end of each section, the things the students were tasked to look out for appear in text on the video. Pause the video at this point to invite your students to discuss their responses to the questions. There is an accompanying student pack, please note that page 3 will need to be adapted for your local setting. Details on how and where knives can be disposed of can be found on the Ditch the Blade website.

TRAINING OPPORTUNITIES

Whilst we always try and source resources and training at no cost, we recognise that some organisations do have a small budget to support their PSHE delivery. Here are some upcoming training opportunities available both for free and a cost, both locally and nationally. Click on links for bookings and further information.

TOPIC	DATE/TIME	ORGANISATION	COST	OVERVIEW
HARASSMENT	19TH APRIL 16.00-18.00	CHAMELEON PDE	FREE	THIS 2 HOUR SESSIONS REFLECTS ON THE FINDINGS FROM EVERYONE'S INVITED AND YOUR SCHOOL APPROACH TO SEXUAL HARASSMENT AND MISOGYNY (INCLUDES FREE TEACHING PACK)
LGBT+ EDUCATION	26TH APRIL 16.00-18.00	CHAMELEON PDE	FREE	TEACHING TEAMS CAN BE WORRIED ABOUT CAUSING OFFENCE OR SAYING THE WRONG THING WHEN IT COMES TO LGBTQ+ INCLUSION. THIS WEBINAR WILL HELP YOU REFLECT ON THE SUBJECT KNOWLEDGE YOUR STUDENTS NEED, AND WHETHER YOUR PROGRAMME IS MEETING THE NEEDS OF YOUR STUDENT BODY.
STRESS	27TH APRIL 12.00-13.30	CHARLIE WALLER TRUST	FREE	EXPLORES THE MENTAL AND PHYSICAL ASPECTS OF THE STRESS RESPONSE, DIFFERENT TYPES OF STRESS, THE RELATIONSHIP BETWEEN STRESS AND BRAIN DEVELOPMENT AND HOW AN EMOTIONALLY RESPONSIVE RELATIONSHIP CAN HELP CALM A CHILD AND SUPPORT HEALTHY BRAIN DEVELOPMENT. IN ADDITION, SIGNPOST TO STRATEGIES THAT CAN HELP TO SUPPORT A CHILD TO REGULATE AND CALM THEIR NERVOUS SYSTEM
HARASSMENT	16TH MAY 16.00-18.00	CHAMELEON PDE	FREE	THIS 2 HOUR SESSIONS REFLECTS ON THE FINDINGS FROM EVERYONE'S INVITED AND YOUR SCHOOL APPROACH TO SEXUAL HARASSMENT AND MISOGYNY (INCLUDES FREE TEACHING PACK)
ABUSE & VIOLENCE	22ND JUNE 9.30-13.00	NEW ERA	FREE	THIS 3.5 HOUR COURSE WILL FOCUS ON THE IMPACT DOMESTIC ABUSE CAN HAVE ON CHILDREN AND YOUNG PEOPLE.

NEXT MONTH...

Resources & Materials for:

- 1-30 Jun Pride Month
- 1-30 Jun Gypsy, Roma and Traveller History Month
- 12-18 Jun Healthy Eating Week
- 14 Jun Brake's Kids Walk 2023
- 14 Jun World Blood Donor Day
- 17-24 Jun Drowning Prevention Week
- 20-26 Jun Refugee Week

WANT TO SHARE A RESOURCE,
IDEA OR INFORMATION ABOUT
YOUR SERVICE?
LET ME KNOW AND I CAN
INCLUDE IN UPCOMING
EDITIONS

THE CORONATION:



With the Coronation next month we wanted to share with you some useful resources to enable discussions and celebrations around this historic moment. The government has created useful templates and materials to help celebrate the occasion and education resources and visit opportunities.

“Thank you for the resources. I have had a quick look and i think they would engage our children. I think the comic style is great and I will definitely be writing these lessons into our curriculum.

PSHE Lead, Primary School, Burton”

If you would like to share any feedback or request specific support, advice or guidance please contact me directly:

natalie@staffscvys.org.uk

07429 745 901

